

Addo 2019 44km - Overall

Pos	Name	Time	Bib No.	Age	Gender	Age Category	Race
1	Ben Brimble	04:01:13	98	31	Male	Open	44km
2	Melissa Van Rensburg	04:21:54	521	36	Female	Open	44km
3	Craig Williams	04:28:46	544	41	Male	Veteran	44km
4	Jacques Mouton	04:33:35	423	40	Male	Veteran	44km
5	Eddie Mouton	04:37:31	424	44	Male	Veteran	44km
6	Karl Midlane	04:39:44	413	23	Male	Open	44km
7	Micheal Mnyungula	04:54:23	224	34	Male	Open	44km
8	Tiphaine Germain	04:56:25	325	35	Female	Open	44km
9	Carla Whitehead	05:00:42	539	34	Female	Open	44km
10	Ralph Enslin	05:02:14	314	33	Male	Open	44km
11	Bertie Janse Van Rensburg	05:06:26	364	36	Male	Open	44km
12	Annatjie Botes	05:06:26	247	60	Female	Masters	44km
13	Christopher O'linsky	05:08:06	441	26	Male	Open	44km
14	Nuno Carepa	05:08:47	261	37	Male	Open	44km
15	Jacques Halbert	05:09:55	341	29	Male	Open	44km
16	Luan Schoeman	05:11:47	478	33	Male	Open	44km
17	Marius Boshoff	05:17:12	245	38	Male	Open	44km
18	Dawie Van Rensburg	05:17:12	520	41	Male	Veteran	44km
19	Cathryn Proctor	05:23:55	455	39	Female	Open	44km
20	Siyabonga Manyube	05:23:56	395	26	Male	Open	44km
21	Emma Brown	05:31:35	255	37	Female	Open	44km
22	Nikki Gray	05:33:41	336	34	Female	Open	44km
23	Grant Hechter	05:33:50	348	42	Male	Veteran	44km
24	Nicole Strong	05:35:29	498	35	Female	Open	44km
25	Carna Koch	05:36:52	373	25	Female	Open	44km
26	Ueli Schilt	05:36:53	476	29	Male	Open	44km
27	Louis Van Der Merwe	05:39:06	513	31	Male	Open	44km
28	Wojtek Orzechowski	05:39:47	446	54	Male	Masters	44km
29	Nicolette Brouwer	05:44:22	254	51	Female	Masters	44km
30	Frans Van Zyl	05:44:23	524	29	Male	Open	44km
31	Cliona Mc Ginn	05:45:16	404	36	Female	Open	44km
32	Sameer Agherdien	05:46:42	226	43	Male	Veteran	44km
33	Dean Hoyle	05:47:32	358	48	Male	Veteran	44km
34	Gareth Fletcher	05:47:32	319	44	Male	Veteran	44km
35	Leon Malan	05:48:12	391	33	Male	Open	44km
36	Mclachlan Stander	05:48:12	487	31	Male	Open	44km
37	Nathan Le Roux	05:49:38	384	21	Male	Open	44km
38	Jason Le Roux	05:49:38	385	36	Male	Open	44km
39	Hilton Keeton	05:50:53	368	36	Male	Open	44km
40	James Culyer	05:53:44	274	44	Male	Veteran	44km
41	Carlos Nunez	05:54:12	440	31	Male	Open	44km
42	Robert De Reuck	05:54:20	286	61	Male	Masters	44km
43	Austin Wiehahn	05:55:19	540	41	Male	Veteran	44km
44	Byron Momsen	05:56:37	416	42	Male	Veteran	44km
45	Graham Compton	05:58:19	269	35	Male	Open	44km
46	Lonnie Van Der Merwe	06:02:57	514	34	Male	Open	44km
47	Dawn Black	06:02:59	242	37	Female	Open	44km
48	Stuart Gillmer	06:03:20	329	25	Male	Open	44km
49	Klass Oliphants	06:07:34	442	48	Male	Veteran	44km
50	Belinda Tull	06:08:43	511	47	Female	Veteran	44km
51	Theresa Buchner	06:11:43	257	33	Female	Open	44km
52	Stuart Goulding	06:14:45	332	45	Male	Veteran	44km
53	Steven Williams	06:14:52	542	42	Male	Veteran	44km
54	Kerrin Watson-Smith	06:15:30	535	36	Female	Open	44km
55	Elani Eckert	06:15:51	311	35	Female	Open	44km
56	Monica Neethling	06:16:10	435	42	Female	Veteran	44km
57	Anita Boehmke	06:16:15	243	48	Female	Veteran	44km
58	Jaco Boshoff	06:17:11	246	31	Male	Open	44km
59	Clifford Savage	06:20:05	474	28	Male	Open	44km
60	Anton Franchi	06:20:05	322	40	Male	Veteran	44km
61	Claire Mccann	06:21:16	405	21	Female	Open	44km

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62	Janet Moyle	06:21:54	425	27	Female	Open	44km
63	Jennifer Butler	06:21:55	258	28	Female	Open	44km
64	Isobel Davies	06:22:27	279	28	Female	Open	44km
65	Robert Davies	06:22:28	280	29	Male	Open	44km
66	Kirsti Wells	06:22:29	537	43	Female	Veteran	44km
67	Sonja Neethling	06:23:23	434	35	Female	Open	44km
68	Yvette Venter	06:23:23	527	39	Female	Open	44km
69	Dalton Wiggill	06:24:19	541	34	Male	Open	44km
70	Bruce Thompson	06:24:21	506	34	Male	Open	44km
71	Candice Hansmeyer	06:24:53	343	44	Female	Veteran	44km
72	Andrea Landau	06:24:53	382	36	Female	Open	44km
73	Dewald Van Staden	06:24:57	522	28	Male	Open	44km
74	Willem Bindeman	06:25:27	241	42	Male	Veteran	44km
75	Jonathan Monk	06:25:28	417	44	Male	Veteran	44km
76	Nicole Anderson	06:26:38	229	36	Female	Open	44km
77	Kevin Gillmer	06:29:34	328	57	Male	Masters	44km
78	Glenda Badenhorst	06:30:31	232	61	Female	Masters	44km
79	Shaun Peypers	06:31:48	449	30	Male	Open	44km
80	Ndaba Ndzombane	06:35:12	433	58	Male	Masters	44km
81	Jane Vincent	06:36:19	530	44	Female	Veteran	44km
82	Lucelle Theron	06:36:29	505	26	Female	Open	44km
83	Grant Hoyle	06:37:42	359	45	Male	Veteran	44km
84	Hilana Marais	06:39:22	397	37	Female	Open	44km
85	Fritz Marais	06:40:15	396	32	Male	Open	44km
86	Louis De Bruin	06:40:25	281	36	Male	Open	44km
87	Peter Kosaber	06:42:18	376	44	Male	Veteran	44km
88	Louis Dupper	06:42:19	310	50	Male	Masters	44km
89	Wilhelm Steinberg	06:43:05	491	31	Male	Open	44km
90	Anja Steinberg	06:43:06	490	30	Female	Open	44km
91	Chris De Jager	06:43:23	282	39	Male	Open	44km
92	Angelique Cilliers	06:47:21	265	44	Female	Veteran	44km
93	Fiona Green	06:50:34	337	44	Female	Veteran	44km
94	Frances Orzechowski	06:53:50	445	55	Female	Masters	44km
95	Johan Malan	06:54:48	392	28	Male	Open	44km
96	Joseph Beattie	06:55:50	236	35	Male	Open	44km
97	Neale Howarth	06:56:20	357	30	Male	Open	44km
98	Eben Du Preez	07:00:46	302	51	Male	Masters	44km
99	Karin Bass	07:04:52	235	46	Female	Veteran	44km
100	Nico Ligthelm	07:07:05	387	44	Male	Veteran	44km
101	Amanda Ligthelm	07:07:05	388	44	Female	Veteran	44km
102	Frans Kruger	07:09:56	379	33	Male	Open	44km
103	Quentin Scott	07:09:56	481	46	Male	Veteran	44km
104	Venette Rust	07:12:03	470	29	Female	Open	44km
105	Richter Rust	07:12:05	469	29	Male	Open	44km
106	Rigardt Visser	07:12:06	532	31	Male	Open	44km
107	Francisco Vilanova	07:12:46	213	53	Male	Masters	44km
108	Cobus Van Der Merwe	07:12:58	516	57	Male	Masters	44km
109	Bernard Van Der Merwe	07:12:58	517	24	Male	Open	44km
110	Nico Smith	07:15:13	550	33	Male	Open	44km
111	Pieter De Klerk	07:15:44	283	34	Male	Open	44km
112	Adriaan Stander	07:15:45	488	34	Male	Open	44km
113	Lisa Graham	07:16:24	335	32	Female	Open	44km
114	Anel Zwiegiers	07:18:39	549	34	Female	Open	44km
115	Kerry-Lyn Honey	07:20:12	355	43	Female	Veteran	44km
116	Brendan Smith	07:20:13	484	44	Male	Veteran	44km
117	Debbie Du Plessis	07:20:59	299	54	Female	Masters	44km
118	Sharon Miles-Kirkhoff	07:21:12	414	52	Female	Masters	44km
119	Pieter Folscher	07:21:41	320	28	Male	Open	44km
120	Louis Du Toit	07:23:08	304	46	Male	Veteran	44km
121	Mike Windsor	07:23:09	546	45	Male	Veteran	44km
122	Carmen Hickman	07:23:09	351	38	Female	Open	44km
123	Dalu Majeke	07:23:16	390	41	Male	Veteran	44km

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124	Linda Drogemoller	07:23:49	296	49	Female	Masters	44km
125	Gillian Prentice	07:23:50	450	51	Female	Masters	44km
126	Ruan Maritz	07:24:13	399	28	Male	Open	44km
127	Diana Glennie	07:24:37	330	23	Female	Open	44km
128	Helen Pringle	07:24:37	453	46	Female	Veteran	44km
129	Rikke Storgaard	07:28:20	497	49	Female	Masters	44km
130	Jan Morrison	07:28:56	419	41	Male	Veteran	44km
131	Ella Morrison	07:28:57	418	40	Female	Veteran	44km
132	Jan Du Plessis	07:29:07	298	57	Male	Masters	44km
133	Ivor Nel	07:29:09	436	27	Male	Open	44km
134	Lauren Todd	07:29:09	507	26	Female	Open	44km
135	Graham Botha	07:29:21	250	36	Male	Open	44km
136	Hannru Haupt	07:29:22	344	36	Male	Open	44km
137	Trixie Broek	07:29:36	253	52	Female	Masters	44km
138	Tracy-Lee Dalton	07:29:37	275	29	Female	Open	44km
139	Nicholas Andtianatos	07:29:38	230	29	Male	Open	44km
140	Andrew Marshall	07:29:55	400	50	Male	Masters	44km
141	Alex Du Toit	07:32:53	306	54	Male	Masters	44km
142	Sam Du Toit	07:32:53	305	49	Female	Masters	44km
143	Michelle Finegan	07:33:04	318	39	Female	Open	44km
144	Emeraam Railoun	07:33:19	457	51	Male	Masters	44km
145	Francois Koch	07:34:28	372	25	Male	Open	44km
146	Abelang Mosweu	07:35:20	420	34	Male	Open	44km
147	Marelize Vlok	07:36:29	533	40	Female	Veteran	44km
148	Gerrit Fyver	07:37:24	323	34	Male	Open	44km
149	Moray Taylor-Smith	07:37:41	501	51	Male	Masters	44km
150	Ansa Von Hagen	07:38:14	534	46	Female	Veteran	44km
151	Lisa Teepe	07:38:54	502	41	Female	Veteran	44km
152	Michael Jones	07:38:57	366	30	Male	Open	44km
153	Carmen Schwellnus	07:39:45	480	33	Female	Open	44km
154	Megan Mcgibbon	07:39:45	407	28	Female	Open	44km
155	Michaela Swanson	07:39:45	499	28	Female	Open	44km
156	Stephen Du Preez	07:39:58	300	32	Male	Open	44km
157	Clare Labuschagne	07:40:24	381	30	Female	Open	44km
158	Lindie Rudman	07:44:58	468	44	Female	Veteran	44km
159	Gert Beer	07:45:05	237	40	Male	Veteran	44km
160	Elize Wessels	07:45:06	538	38	Female	Open	44km
161	Janine Langley	07:46:31	383	43	Female	Veteran	44km
162	Lezel James	07:46:31	362	36	Female	Open	44km
163	Sandra Lennox	07:51:30	386	46	Female	Veteran	44km
164	Steven Finegan	07:52:29	317	39	Male	Open	44km
165	Rodger Gysman	07:54:41	340	44	Male	Veteran	44km
166	Jessie Davey	07:54:51	277	54	Female	Masters	44km
167	Celida Trahms	07:55:04	508	53	Female	Masters	44km
168	Rino Nepgen	07:56:31	437	35	Male	Open	44km
169	Ruth Schmidt	07:57:34	477	32	Female	Open	44km
170	Jal Rigaard	07:57:56	464	34	Male	Open	44km
171	Christoph Fourie	07:58:08	321	41	Male	Veteran	44km
172	Michael Reynolds	07:59:08	461	57	Female	Masters	44km
173	Lerene Van Niekerk	07:59:10	519	40	Female	Veteran	44km
174	Jo-Ane Paulsen	07:59:11	448	41	Female	Veteran	44km
175	Caren Botha	07:59:11	249	40	Female	Veteran	44km
176	Sally Hayman	08:00:51	345	47	Female	Veteran	44km
177	Leon Bester	08:01:22	239	42	Male	Veteran	44km
178	Thea Bierschenk	08:02:21	240	30	Female	Open	44km
179	Samantha Naude	08:03:06	432	44	Female	Veteran	44km
180	Greig Naude	08:03:07	431	45	Male	Veteran	44km
181	Brondwyn Douglas	08:07:37	295	40	Female	Veteran	44km
182	Leani Savage	08:07:53	475	29	Female	Open	44km
183	Marc Cornwell	08:10:50	271	37	Male	Open	44km
184	Kierryn Keeton	08:11:18	369	35	Female	Open	44km
185	Stephan Van Zyl	08:12:16	523	55	Male	Masters	44km

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186	Freda Staats	08:13:41	486	34	Female	Open	44km
187	Lee-Mark Staats	08:13:42	485	32	Male	Open	44km
188	Esti Janse Van Rensburg	08:14:31	363	32	Female	Open	44km
189	Francine Correia	08:14:31	272	38	Female	Open	44km
190	Diana Mouton	08:14:53	421	41	Female	Veteran	44km
191	Charl De Lange	08:16:04	285	34	Male	Open	44km
192	Rentia Diederichs	08:19:01	292	39	Female	Open	44km
193	George Euvrard	08:19:24	315	64	Male	Masters	44km
194	Benji Euvrard	08:19:24	316	31	Male	Open	44km
195	Warda Arya	08:19:38	231	49	Female	Masters	44km
196	Russell Worthington	08:20:16	547	55	Male	Masters	44km
197	Ryan Tudhope	08:22:50	510	36	Male	Open	44km
198	Rudy Koen	08:23:16	375	39	Male	Open	44km
199	Glen De Villiers	08:23:45	287	45	Male	Veteran	44km
200	Maurice Valente	08:24:22	512	36	Male	Open	44km
201	Shirleen Theisinger	08:26:32	504	31	Female	Open	44km
202	David Stoloff	08:27:28	496	46	Male	Veteran	44km
203	Eckart Schumann	08:28:19	479	73	Male	Masters	44km
204	Beth Hechter	08:28:19	347	41	Female	Veteran	44km
205	Jillian Bower	08:28:21	252	30	Female	Open	44km
206	Ruth Masureik	08:30:27	401	53	Female	Masters	44km
207	Josh Hayman	08:31:04	346	43	Male	Veteran	44km
208	Adri Dornbrack	08:31:31	293	41	Female	Veteran	44km
209	Hein Dornbrack	08:31:32	294	43	Male	Veteran	44km
210	Nico Du Preez	08:32:28	303	25	Male	Open	44km
211	Philna Badenhorst	08:33:17	233	42	Female	Veteran	44km
212	Marguerite King	08:33:17	370	49	Female	Masters	44km
213	Lindy Malherbe	08:34:13	394	39	Female	Open	44km
214	Debbie Tuckett	08:34:14	509	50	Female	Masters	44km
215	Sandra Willmott	08:37:14	545	41	Female	Veteran	44km
216	Rodney Butters	08:40:54	259	56	Male	Masters	44km
217	Zaniel Richards	08:42:13	462	29	Male	Open	44km
218	Lizet Murray	08:42:34	428	46	Female	Veteran	44km
219	Joyce Mazibuko	08:47:37	402	44	Female	Veteran	44km
220	Kim Mocke	08:47:39	415	40	Female	Veteran	44km
221	Karen Meyer	08:51:12	409	55	Female	Masters	44km
222	Colin Meyer	08:51:13	408	55	Male	Masters	44km
223	Elize Botha	08:54:02	248	43	Female	Veteran	44km
224	Marie Best	08:54:02	238	56	Female	Masters	44km
225	Minette Murray	08:55:16	427	36	Female	Open	44km
226	Colin Stephen	08:56:08	492	31	Male	Open	44km
227	Clive Hendricks	09:04:51	349	37	Male	Open	44km
228	Robert Stedman	09:10:44	489	69	Male	Masters	44km
229	Kenny Barwood	09:10:44	91	63	Male	Masters	44km
230	Velia Duncan	09:12:05	309	45	Female	Veteran	44km
231	Mike Duncan	09:12:06	308	45	Male	Veteran	44km
232	Quentin De Wet	09:12:21	289	49	Male	Masters	44km
233	Marina Cilliers	09:12:21	266	47	Female	Veteran	44km
234	Wilinda De Wet	09:12:21	290	46	Female	Veteran	44km
235	Eveline Meyer	09:13:24	411	43	Female	Veteran	44km
236	Zoleka Mazwi	09:14:10	403	39	Female	Open	44km
237	Robyn Reid	09:22:04	458	44	Female	Veteran	44km
238	Annemarie Buytendag	09:22:04	260	49	Female	Masters	44km
239	Julie Chevalier	09:22:05	264	51	Female	Masters	44km
240	Sue Gardner	09:25:52	324	56	Female	Masters	44km
241	Patricia Shaw	09:28:45	482	65	Female	Masters	44km
242	Cheryl Court	09:33:37	273	59	Female	Masters	44km
243	Dennis Dell	09:33:38	291	61	Male	Masters	44km
244	Michael Du Plessis	09:45:15	297	27	Male	Open	44km
245	Colin Price-Smith	09:45:19	452	57	Male	Masters	44km
246	Deidre Sauer	09:46:04	473	31	Female	Open	44km
247	Elmien Kotze	09:57:16	377	36	Female	Open	44km

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248	Christo Viljoen	09:57:27	529	49	Male	Masters	44km
249	Johannes De Lange	09:57:28	284	51	Male	Masters	44km
250	Meesha Aboo	10:02:48	225	40	Female	Veteran	44km
251	Varsha Gihwala	10:02:49	327	55	Female	Masters	44km
252	Douglas Davey	10:02:50	278	58	Male	Masters	44km
253	Agnes Kirsch	10:05:11	371	67	Female	Masters	44km
254	Roelien Geysler	10:09:16	326	49	Female	Masters	44km
255	Berdene Terry	10:09:16	503	42	Female	Veteran	44km
256	Nicolette Koch	10:09:21	374	43	Female	Veteran	44km
257	Marlene Meyer	10:14:42	410	36	Female	Open	44km
258	Rouxle Horn	10:14:51	356	24	Female	Open	44km
259	Claire Holmes	10:16:43	354	36	Female	Open	44km
260	Anastasia Rossouw	10:16:44	466	37	Female	Open	44km
261	Suzanne Holden	10:23:14	352	64	Female	Masters	44km
262	Pamela Hamman	11:03:51	342	44	Female	Veteran	44km
263	Jessica Venter	11:07:18	526	21	Female	Open	44km
264	Dumisile Mthlane	11:07:41	426	35	Female	Open	44km
265	Sharon Tarboton	11:08:38	500	55	Female	Masters	44km
266	Dina Bouwer	11:10:59	251	55	Female	Masters	44km
267	Richard Collins	11:11:00	268	59	Male	Masters	44km
268	Ashira Singh	11:14:03	483	51	Female	Masters	44km
269	Anne Reynolds	11:16:02	460	61	Female	Masters	44km
270	Louis Du Preez	11:37:40	301	52	Male	Masters	44km
DNF – Cut Off	Mile Vermaak	12:04:15	528	52	Female	Masters	44km
DNF – Cut Off	Nora Reynecke	12:44:21	459	56	Female	Masters	44km
DNF – Cut Off	Gerald Males	12:52:15	393	48	Male	Veteran	44km
DNF – Cut Off	Hayley Cawthra	13:26:13	263	35	Female	Open	44km
DNF – Cut Off	Julian Paterson	13:26:14	447	52	Male	Masters	44km
	Octavia Boshoff	13:26:17	SWEEP		Female		44km
	Alain Blatti	13:26:18	SWEEP		Male		44km
DNF – Withdrawn	Anita Engelbrecht	0	312	47	Female	Veteran	44km
DNF – Withdrawn	Karen Humby	0	360	42	Female	Veteran	44km
DNF – Withdrawn	Kerry Ann Clare	0	267	42	Female	Veteran	44km

Addo 2019 44km - Men

Pos	Name	Time	Bib No.	Age	Gender	Age Category	Race
1	Ben Brimble	04:01:13	98	31	Male	Open	44km
2	Craig Williams	04:28:46	544	41	Male	Veteran	44km
3	Jacques Mouton	04:33:35	423	40	Male	Veteran	44km
4	Eddie Mouton	04:37:31	424	44	Male	Veteran	44km
5	Karl Midlane	04:39:44	413	23	Male	Open	44km
6	Micheal Mnyungula	04:54:23	224	34	Male	Open	44km
7	Ralph Enslin	05:02:14	314	33	Male	Open	44km
8	Bertie Janse Van Rensburg	05:06:26	364	36	Male	Open	44km
9	Christopher O'linsky	05:08:06	441	26	Male	Open	44km
10	Nuno Carepa	05:08:47	261	37	Male	Open	44km
11	Jacques Halbert	05:09:55	341	29	Male	Open	44km
12	Luan Schoeman	05:11:47	478	33	Male	Open	44km
13	Marius Boshoff	05:17:12	245	38	Male	Open	44km
14	Dawie Van Rensburg	05:17:12	520	41	Male	Veteran	44km
15	Siyabonga Manyube	05:23:56	395	26	Male	Open	44km
16	Grant Hechter	05:33:50	348	42	Male	Veteran	44km
17	Ueli Schilt	05:36:53	476	29	Male	Open	44km
18	Louis Van Der Merwe	05:39:06	513	31	Male	Open	44km
19	Wojtek Orzechowski	05:39:47	446	54	Male	Masters	44km
20	Frans Van Zyl	05:44:23	524	29	Male	Open	44km
21	Sameer Agherdien	05:46:42	226	43	Male	Veteran	44km
22	Dean Hoyle	05:47:32	358	48	Male	Veteran	44km
23	Gareth Fletcher	05:47:32	319	44	Male	Veteran	44km
24	Leon Malan	05:48:12	391	33	Male	Open	44km
25	Mclachlan Stander	05:48:12	487	31	Male	Open	44km
26	Nathan Le Roux	05:49:38	384	21	Male	Open	44km
27	Jason Le Roux	05:49:38	385	36	Male	Open	44km
28	Hilton Keeton	05:50:53	368	36	Male	Open	44km
29	James Culyer	05:53:44	274	44	Male	Veteran	44km
30	Carlos Nunez	05:54:12	440	31	Male	Open	44km
31	Robert De Reuck	05:54:20	286	61	Male	Masters	44km
32	Austin Wiehahn	05:55:19	540	41	Male	Veteran	44km
33	Byron Momsen	05:56:37	416	42	Male	Veteran	44km
34	Graham Compton	05:58:19	269	35	Male	Open	44km
35	Lonnie Van Der Merwe	06:02:57	514	34	Male	Open	44km
36	Stuart Gillmer	06:03:20	329	25	Male	Open	44km
37	Klass Oliphants	06:07:34	442	48	Male	Veteran	44km
38	Stuart Goulding	06:14:45	332	45	Male	Veteran	44km
39	Steven Williams	06:14:52	542	42	Male	Veteran	44km
40	Jaco Boshoff	06:17:11	246	31	Male	Open	44km
41	Clifford Savage	06:20:05	474	28	Male	Open	44km
42	Anton Franchi	06:20:05	322	40	Male	Veteran	44km
43	Robert Davies	06:22:28	280	29	Male	Open	44km
44	Dalton Wiggill	06:24:19	541	34	Male	Open	44km
45	Bruce Thompson	06:24:21	506	34	Male	Open	44km
46	Dewald Van Staden	06:24:57	522	28	Male	Open	44km
47	Willem Bindeman	06:25:27	241	42	Male	Veteran	44km
48	Jonathan Monk	06:25:28	417	44	Male	Veteran	44km
49	Kevin Gillmer	06:29:34	328	57	Male	Masters	44km
50	Shaun Peypers	06:31:48	449	30	Male	Open	44km
51	Ndaba Ndzombane	06:35:12	433	58	Male	Masters	44km
52	Grant Hoyle	06:37:42	359	45	Male	Veteran	44km
53	Fritz Marais	06:40:15	396	32	Male	Open	44km
54	Louis De Bruin	06:40:25	281	36	Male	Open	44km
55	Peter Kosaber	06:42:18	376	44	Male	Veteran	44km
56	Louis Dupper	06:42:19	310	50	Male	Masters	44km
57	Wilhelm Steinberg	06:43:05	491	31	Male	Open	44km
58	Chris De Jager	06:43:23	282	39	Male	Open	44km
59	Johan Malan	06:54:48	392	28	Male	Open	44km
60	Joseph Beattie	06:55:50	236	35	Male	Open	44km
61	Neale Howarth	06:56:20	357	30	Male	Open	44km

Addo 2019 44km - Men

62	Eben Du Preez	07:00:46	302	51	Male	Masters	44km
63	Nico Ligthelm	07:07:05	387	44	Male	Veteran	44km
64	Frans Kruger	07:09:56	379	33	Male	Open	44km
65	Quentin Scott	07:09:56	481	46	Male	Veteran	44km
66	Richter Rust	07:12:05	469	29	Male	Open	44km
67	Rigardt Visser	07:12:06	532	31	Male	Open	44km
68	Francisco Vilanova	07:12:46	213	53	Male	Masters	44km
69	Cobus Van Der Merwe	07:12:58	516	57	Male	Masters	44km
70	Bernard Van Der Merwe	07:12:58	517	24	Male	Open	44km
71	Nico Smith	07:15:13	550	33	Male	Open	44km
72	Pieter De Klerk	07:15:44	283	34	Male	Open	44km
73	Adriaan Stander	07:15:45	488	34	Male	Open	44km
74	Brendan Smith	07:20:13	484	44	Male	Veteran	44km
75	Pieter Folscher	07:21:41	320	28	Male	Open	44km
76	Louis Du Toit	07:23:08	304	46	Male	Veteran	44km
77	Mike Windsor	07:23:09	546	45	Male	Veteran	44km
78	Dalu Majeke	07:23:16	390	41	Male	Veteran	44km
79	Ruan Maritz	07:24:13	399	28	Male	Open	44km
80	Jan Morrison	07:28:56	419	41	Male	Veteran	44km
81	Jan Du Plessis	07:29:07	298	57	Male	Masters	44km
82	Ivor Nel	07:29:09	436	27	Male	Open	44km
83	Graham Botha	07:29:21	250	36	Male	Open	44km
84	Hannru Haupt	07:29:22	344	36	Male	Open	44km
85	Nicholas Andtianatos	07:29:38	230	29	Male	Open	44km
86	Andrew Marshall	07:29:55	400	50	Male	Masters	44km
87	Alex Du Toit	07:32:53	306	54	Male	Masters	44km
88	Emeraam Railoun	07:33:19	457	51	Male	Masters	44km
89	Francois Koch	07:34:28	372	25	Male	Open	44km
90	Abelang Mosweu	07:35:20	420	34	Male	Open	44km
91	Gerrit Fyver	07:37:24	323	34	Male	Open	44km
92	Moray Taylor-Smith	07:37:41	501	51	Male	Masters	44km
93	Michael Jones	07:38:57	366	30	Male	Open	44km
94	Stephen Du Preez	07:39:58	300	32	Male	Open	44km
95	Gert Beer	07:45:05	237	40	Male	Veteran	44km
96	Steven Finegan	07:52:29	317	39	Male	Open	44km
97	Rodger Gysman	07:54:41	340	44	Male	Veteran	44km
98	Rino Nepgen	07:56:31	437	35	Male	Open	44km
99	Jal Rigaard	07:57:56	464	34	Male	Open	44km
100	Christoph Fourie	07:58:08	321	41	Male	Veteran	44km
101	Leon Bester	08:01:22	239	42	Male	Veteran	44km
102	Greig Naude	08:03:07	431	45	Male	Veteran	44km
103	Marc Cornwell	08:10:50	271	37	Male	Open	44km
104	Stephan Van Zyl	08:12:16	523	55	Male	Masters	44km
105	Lee-Mark Staats	08:13:42	485	32	Male	Open	44km
106	Charl De Lange	08:16:04	285	34	Male	Open	44km
107	George Euvrard	08:19:24	315	64	Male	Masters	44km
108	Benji Euvrard	08:19:24	316	31	Male	Open	44km
109	Russell Worthington	08:20:16	547	55	Male	Masters	44km
110	Ryan Tudhope	08:22:50	510	36	Male	Open	44km
111	Rudy Koen	08:23:16	375	39	Male	Open	44km
112	Glen De Villiers	08:23:45	287	45	Male	Veteran	44km
113	Maurice Valente	08:24:22	512	36	Male	Open	44km
114	David Stoloff	08:27:28	496	46	Male	Veteran	44km
115	Eckart Schumann	08:28:19	479	73	Male	Masters	44km
116	Josh Hayman	08:31:04	346	43	Male	Veteran	44km
117	Hein Dornbrack	08:31:32	294	43	Male	Veteran	44km
118	Nico Du Preez	08:32:28	303	25	Male	Open	44km
119	Rodney Butters	08:40:54	259	56	Male	Masters	44km
120	Zaniel Richards	08:42:13	462	29	Male	Open	44km
121	Colin Meyer	08:51:13	408	55	Male	Masters	44km
122	Colin Stephen	08:56:08	492	31	Male	Open	44km
123	Clive Hendricks	09:04:51	349	37	Male	Open	44km

Addo 2019 44km - Men

124	Robert Stedman	09:10:44	489	69	Male	Masters	44km
125	Kenny Barwood	09:10:44	91	63	Male	Masters	44km
126	Mike Duncan	09:12:06	308	45	Male	Veteran	44km
127	Quentin De Wet	09:12:21	289	49	Male	Masters	44km
128	Dennis Dell	09:33:38	291	61	Male	Masters	44km
129	Michael Du Plessis	09:45:15	297	27	Male	Open	44km
130	Colin Price-Smith	09:45:19	452	57	Male	Masters	44km
131	Christo Viljoen	09:57:27	529	49	Male	Masters	44km
132	Johannes De Lange	09:57:28	284	51	Male	Masters	44km
133	Douglas Davey	10:02:50	278	58	Male	Masters	44km
134	Richard Collins	11:11:00	268	59	Male	Masters	44km
135	Louis Du Preez	11:37:40	301	52	Male	Masters	44km
DNF – Cut Off	Gerald Males	12:52:15	393	48	Male	Veteran	44km
DNF – Cut Off	Julian Paterson	13:26:14	447	52	Male	Masters	44km
	Alain Blatti	13:26:18	SWEEP		Male		44km

Addo 2019 44km - Women

Pos	Name	Time	Bib No.	Age	Gender	Age Category	Race
1	Melissa Van Rensburg	04:21:54	521	36	Female	Open	44km
2	Tiphaine Germain	04:56:25	325	35	Female	Open	44km
3	Carla Whitehead	05:00:42	539	34	Female	Open	44km
4	Annatjie Botes	05:06:26	247	60	Female	Masters	44km
5	Cathryn Proctor	05:23:55	455	39	Female	Open	44km
6	Emma Brown	05:31:35	255	37	Female	Open	44km
7	Nikki Gray	05:33:41	336	34	Female	Open	44km
8	Nicole Strong	05:35:29	498	35	Female	Open	44km
9	Carna Koch	05:36:52	373	25	Female	Open	44km
10	Nicolette Brouwer	05:44:22	254	51	Female	Masters	44km
11	Cliona Mc Ginn	05:45:16	404	36	Female	Open	44km
12	Dawn Black	06:02:59	242	37	Female	Open	44km
13	Belinda Tull	06:08:43	511	47	Female	Veteran	44km
14	Theresa Buchner	06:11:43	257	33	Female	Open	44km
15	Kerrin Watson-Smith	06:15:30	535	36	Female	Open	44km
16	Elani Eckert	06:15:51	311	35	Female	Open	44km
17	Monica Neethling	06:16:10	435	42	Female	Veteran	44km
18	Anita Boehmke	06:16:15	243	48	Female	Veteran	44km
19	Claire Mccann	06:21:16	405	21	Female	Open	44km
20	Janet Moyle	06:21:54	425	27	Female	Open	44km
21	Jennifer Butler	06:21:55	258	28	Female	Open	44km
22	Isobel Davies	06:22:27	279	28	Female	Open	44km
23	Kirsti Wells	06:22:29	537	43	Female	Veteran	44km
24	Sonja Neethling	06:23:23	434	35	Female	Open	44km
25	Yvette Venter	06:23:23	527	39	Female	Open	44km
26	Candice Hansmeyer	06:24:53	343	44	Female	Veteran	44km
27	Andrea Landau	06:24:53	382	36	Female	Open	44km
28	Nicole Anderson	06:26:38	229	36	Female	Open	44km
29	Glenda Badenhorst	06:30:31	232	61	Female	Masters	44km
30	Jane Vincent	06:36:19	530	44	Female	Veteran	44km
31	Lucelle Theron	06:36:29	505	26	Female	Open	44km
32	Hilana Marais	06:39:22	397	37	Female	Open	44km
33	Anja Steinberg	06:43:06	490	30	Female	Open	44km
34	Angelique Cilliers	06:47:21	265	44	Female	Veteran	44km
35	Fiona Green	06:50:34	337	44	Female	Veteran	44km
36	Frances Orzechowski	06:53:50	445	55	Female	Masters	44km
37	Karin Bass	07:04:52	235	46	Female	Veteran	44km
38	Amanda Ligthelm	07:07:05	388	44	Female	Veteran	44km
39	Venette Rust	07:12:03	470	29	Female	Open	44km
40	Lisa Graham	07:16:24	335	32	Female	Open	44km
41	Anel Zwiegers	07:18:39	549	34	Female	Open	44km
42	Kerry-Lyn Honey	07:20:12	355	43	Female	Veteran	44km
43	Debbie Du Plessis	07:20:59	299	54	Female	Masters	44km
44	Sharon Miles-Kirkhoff	07:21:12	414	52	Female	Masters	44km
45	Carmen Hickman	07:23:09	351	38	Female	Open	44km
46	Linda Drogemoller	07:23:49	296	49	Female	Masters	44km
47	Gillian Prentice	07:23:50	450	51	Female	Masters	44km
48	Diana Glennie	07:24:37	330	23	Female	Open	44km
49	Helen Pringle	07:24:37	453	46	Female	Veteran	44km
50	Rikke Storgaard	07:28:20	497	49	Female	Masters	44km
51	Ella Morrison	07:28:57	418	40	Female	Veteran	44km
52	Lauren Todd	07:29:09	507	26	Female	Open	44km
53	Trixie Broek	07:29:36	253	52	Female	Masters	44km
54	Tracy-Lee Dalton	07:29:37	275	29	Female	Open	44km
55	Sam Du Toit	07:32:53	305	49	Female	Masters	44km
56	Michelle Finegan	07:33:04	318	39	Female	Open	44km
57	Marelize Vlok	07:36:29	533	40	Female	Veteran	44km
58	Ansa Von Hagen	07:38:14	534	46	Female	Veteran	44km
59	Lisa Teepe	07:38:54	502	41	Female	Veteran	44km
60	Carmen Schwellnus	07:39:45	480	33	Female	Open	44km
61	Megan Mcgibbon	07:39:45	407	28	Female	Open	44km

Addo 2019 44km - Women

62	Michaela Swanson	07:39:45	499	28	Female	Open	44km
63	Clare Labuschagne	07:40:24	381	30	Female	Open	44km
64	Lindie Rudman	07:44:58	468	44	Female	Veteran	44km
65	Elize Wessels	07:45:06	538	38	Female	Open	44km
66	Janine Langley	07:46:31	383	43	Female	Veteran	44km
67	Lezel James	07:46:31	362	36	Female	Open	44km
68	Sandra Lennox	07:51:30	386	46	Female	Veteran	44km
69	Jessie Davey	07:54:51	277	54	Female	Masters	44km
70	Celida Trahms	07:55:04	508	53	Female	Masters	44km
71	Ruth Schmidt	07:57:34	477	32	Female	Open	44km
72	Michael Reynolds	07:59:08	461	57	Female	Masters	44km
73	Lerene Van Niekerk	07:59:10	519	40	Female	Veteran	44km
74	Jo-Ane Paulsen	07:59:11	448	41	Female	Veteran	44km
75	Caren Botha	07:59:11	249	40	Female	Veteran	44km
76	Sally Hayman	08:00:51	345	47	Female	Veteran	44km
77	Thea Bierschenk	08:02:21	240	30	Female	Open	44km
78	Samantha Naude	08:03:06	432	44	Female	Veteran	44km
79	Brondwyn Douglas	08:07:37	295	40	Female	Veteran	44km
80	Leani Savage	08:07:53	475	29	Female	Open	44km
81	Kierryn Keeton	08:11:18	369	35	Female	Open	44km
82	Freda Staats	08:13:41	486	34	Female	Open	44km
83	Esti Janse Van Rensburg	08:14:31	363	32	Female	Open	44km
84	Francine Correia	08:14:31	272	38	Female	Open	44km
85	Diana Mouton	08:14:53	421	41	Female	Veteran	44km
86	Rentia Diederichs	08:19:01	292	39	Female	Open	44km
87	Warda Arya	08:19:38	231	49	Female	Masters	44km
88	Shirleen Theisinger	08:26:32	504	31	Female	Open	44km
89	Beth Hechter	08:28:19	347	41	Female	Veteran	44km
90	Jillian Bower	08:28:21	252	30	Female	Open	44km
91	Ruth Masureik	08:30:27	401	53	Female	Masters	44km
92	Adri Dornbrack	08:31:31	293	41	Female	Veteran	44km
93	Philna Badenhorst	08:33:17	233	42	Female	Veteran	44km
94	Marguerite King	08:33:17	370	49	Female	Masters	44km
95	Lindy Malherbe	08:34:13	394	39	Female	Open	44km
96	Debbie Tuckett	08:34:14	509	50	Female	Masters	44km
97	Sandra Willmott	08:37:14	545	41	Female	Veteran	44km
98	Lizet Murray	08:42:34	428	46	Female	Veteran	44km
99	Joyce Mazibuko	08:47:37	402	44	Female	Veteran	44km
100	Kim Mocke	08:47:39	415	40	Female	Veteran	44km
101	Karen Meyer	08:51:12	409	55	Female	Masters	44km
102	Elize Botha	08:54:02	248	43	Female	Veteran	44km
103	Marie Best	08:54:02	238	56	Female	Masters	44km
104	Minette Murray	08:55:16	427	36	Female	Open	44km
105	Velia Duncan	09:12:05	309	45	Female	Veteran	44km
106	Marina Cilliers	09:12:21	266	47	Female	Veteran	44km
107	Wilinda De Wet	09:12:21	290	46	Female	Veteran	44km
108	Eveline Meyer	09:13:24	411	43	Female	Veteran	44km
109	Zoleka Mazwi	09:14:10	403	39	Female	Open	44km
110	Robyn Reid	09:22:04	458	44	Female	Veteran	44km
111	Annemarie Buytendag	09:22:04	260	49	Female	Masters	44km
112	Julie Chevalier	09:22:05	264	51	Female	Masters	44km
113	Sue Gardner	09:25:52	324	56	Female	Masters	44km
114	Patricia Shaw	09:28:45	482	65	Female	Masters	44km
115	Cheryl Court	09:33:37	273	59	Female	Masters	44km
116	Deidre Sauer	09:46:04	473	31	Female	Open	44km
117	Elmien Kotze	09:57:16	377	36	Female	Open	44km
118	Meesha Aboo	10:02:48	225	40	Female	Veteran	44km
119	Varsha Gihwala	10:02:49	327	55	Female	Masters	44km
120	Agnes Kirsch	10:05:11	371	67	Female	Masters	44km
121	Roelien Geyser	10:09:16	326	49	Female	Masters	44km
122	Berdene Terry	10:09:16	503	42	Female	Veteran	44km
123	Nicolette Koch	10:09:21	374	43	Female	Veteran	44km

Addo 2019 44km - Women

124	Marlene Meyer	10:14:42	410	36	Female	Open	44km
125	Rouxle Horn	10:14:51	356	24	Female	Open	44km
126	Claire Holmes	10:16:43	354	36	Female	Open	44km
127	Anastasia Rossouw	10:16:44	466	37	Female	Open	44km
128	Suzanne Holden	10:23:14	352	64	Female	Masters	44km
129	Pamela Hamman	11:03:51	342	44	Female	Veteran	44km
130	Jessica Venter	11:07:18	526	21	Female	Open	44km
131	Dumisile Mthlane	11:07:41	426	35	Female	Open	44km
132	Sharon Tarboton	11:08:38	500	55	Female	Masters	44km
133	Dina Bouwer	11:10:59	251	55	Female	Masters	44km
134	Ashira Singh	11:14:03	483	51	Female	Masters	44km
135	Anne Reynolds	11:16:02	460	61	Female	Masters	44km
DNF – Cut Off	Mile Vermaak	12:04:15	528	52	Female	Masters	44km
DNF – Cut Off	Nora Reynecke	12:44:21	459	56	Female	Masters	44km
DNF – Cut Off	Hayley Cawthra	13:26:13	263	35	Female	Open	44km
	Octavia Boshoff	13:26:17	SWEEP		Female		44km
DNF – Withdrawn	Anita Engelbrecht	0	312	47	Female	Veteran	44km
DNF – Withdrawn	Karen Humby	0	360	42	Female	Veteran	44km
DNF – Withdrawn	Kerry Ann Clare	0	267	42	Female	Veteran	44km